

CLARA'S BUTTERFLY GARDEN

MONTH 2

DRESDEN HEART

1. Prewash and prepare your fabrics in the usual manner.
2. Applique using your favorite method, either by hand or machine. I use the freezer paper method. I laid the fabrics out in a pleasing order and just repeated the order, so the same colors are across from each other on the heart . After cutting out the blades, you will need to fold under the seam allowance on the top of each blade. I would iron them and secure with a little glue stick. Then machine piece the fan blades beginning with the outer edge and sewing to the narrow end. I then sew all the blades together until the fan is 1 large piece. Iron your seams open to reduce the bulk and get the heart to lay flat.
3. Sew the smaller heart to the larger heart. Now cut out the larger heart leaving your ¼” seam allowance and sew this unit to the center of the heart blades.
4. I then cut my background fabric into a 13-1/2” square. I gently finger press my background into quarters. I position my heart and do a large basting stitch to hold in place and sew the whole heart down as 1 piece.
5. I always press applique pieces from the back side.
6. The block will be trimmed to 12-1/2” unfinished.